- - NOSCLEAR: Xylometazoline Nasal Drops BP 0.05%, 0.1%
    - Name\_PSP RESEARCH PVT I LTD
    - Address: GURUGRAM, HY INDIA

SALT COMPOSITION Xylometazoline (0.1% w/v) STORAGE Store below 30°C

### PRODUCT INTRODUCTION

NOSCLEAR 0.1% Nasal Spray is a medicine used to treat nasal congestion (blocked nose) caused by the common cold or flu, hay fever, and other allergies. It shrinks blood vessels in your nose to relieve nasal congestion and blockage.

NOSCLEAR 0.1% Nasal Spray should be used as you have been advised by your doctor. It provides only temporary relief so do not use it more often or for longer than recommended. Normally you should blow your nose gently before using it, keep one nostril closed while applying the medicine into the other, and then sniff hard to make sure it reaches deep into the nose. Then repeat for the other nostril. It provides relief very quickly and can last for several hours. If you use this medicine too often or for too long, it may worsen your symptoms rather than improve them.

The most common side effects are burning sensation in the nose and throat, local irritation, nausea, headache, and dry nose. These are usually mild but if they bother you or do not go away, your doctor may be able to suggest ways of preventing or reducing them.

It is generally a safe medicine but, before taking it, talk to your doctor about any health problems you have such as heart problems or high blood pressure (hypertension) or overactive thyroid gland or glaucoma, or prostate enlargement. Let your doctor know about any other medicines you are taking to make sure you are safe. Ask your doctor for advice before using this medicine if you are pregnant or breastfeeding.

## USES OF NOSCLEAR NASAL SPRAY

• Nasal congestion (blocked nose)

## BENEFITS OF NOSCLEAR NASAL SPRAY

#### In Nasal congestion (blocked nose)

NOSCLEAR 0.1% Nasal Spray shrinks the blood vessels and provides rapid relief from nasal congestion that lasts for several hours. It is a safe medicine that can be used to treat congestion caused by colds or allergies such as hay fever. It should be used as prescribed and should not be taken for more than seven days in a row (preferably less). Talk to your doctor if your symptoms do not improve.

### SIDE EFFECTS OF NOSCLEAR NASAL SPRAY

Most side effects do not require any medical attention and disappear as your body adjusts to the medicine. Consult your doctor if they persist or if you're worried about them

Common side effects of NOSCLEAR

- Burning sensation
- Dry nose

- Headache
- Nausea
- Irritation

## HOW TO USE NOSCLEAR NASAL SPRAY

Use this medicine in the dose and duration as advised by your doctor. Check the label for directions before use. Insert the bottle tip into one nostril and close the other nostril. Direct the spray towards the sides of your nostril, away from the cartilage dividing the two sides of your nose. As you spray, breath gently and keep the head upright. Repeat the same process for the other nostrils.

# HOW NOSCLEAR NASAL SPRAY WORKS

NOSCLEAR 0.1% Nasal Spray is a nasal decongestant. It works by narrowing the small blood vessels in the inner surface of the nose. This provides temporary relief from congestion or stuffiness in the nose.

# SAFETY ADVICE



Alcohol

No interaction found/established



#### Pregnancy CONSULT YOUR DOCTOR

NOSCLEAR 0.1% Nasal Spray may be unsafe to use during pregnancy. Although there are limited studies in humans, animal studies have shown harmful effects on the developing baby. Your doctor will weigh the benefits and any potential risks before prescribing it to you. Please consult your doctor.



#### Breast feeding SAFE IF PRESCRIBED

NOSCLEAR 0.1% Nasal Spray is probably safe to use during breastfeeding. Limited human data suggests that the drug does not represent any significant risk to the baby.



**Driving** No interaction found/established



Kidney No interaction found/established

Liver No interaction found/established

WHAT IF YOU FORGET TO TAKE NOSCLEAR NASAL SPRAY?

If you miss a dose of NOSCLEAR 0.1% Nasal Spray, skip it and continue with your normal schedule. Do not double the dose.